





## » STAGE YOUR TRAINING OR SPORTS EVENTS IN THE OPEN AIR

**Local or international associations, professional clubs, etc.**

Breathe some oxygen into your teams as they prepare, right in the heart of 170 ha of wooded land!

The Parc d'Olhain is the ideal setting for practising outdoor sports and boosting performance. Our target is clear. We want to inspire, challenge and stimulate athletes through varied training sessions and relaxation activities.

The Parc d'Olhain and the wider Pas-de-Calais region are well practised in hosting and staging high-level sports events and succeeded in persuading Paris 2024 to designate it as one of the official Olympic Games preparation centres. The infrastructure can be used for handball training and matches. In fact, the Hauts-de-France League holds training sessions there on a regular basis. The French Boxing Federation also stages national championships at the park. The highly undulating site is also well known in the world of cycling. Both the Boucle de l'Artois and the Four Days of Dunkirk races often pass through it. And those are just a few examples!

Easy to access while at the same time being far removed from all the stresses of everyday life, the Parc d'Olhain has spaces and equipment designed to host athletes in the best possible conditions.

The covered multipurpose hall, the sports recovery centre, the restaurant and accommodation facilities and the professional and attentive welcome you will get will ensure that you enjoy your stay.



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has been designated  
as one of the Olympic  
Games' official  
preparation centres.**

# LET'S PUT YOUR TRAINING OR SPORTS EVENT TOGETHER





# » TRAINING | SPORT IN ACTION

HIGH-LEVEL EQUIPMENT, OPEN SPACES THAT ARE BIG ENOUGH TO TRAIN IN...

GET INTO COMPETITION MODE!

**With mother nature within easy reach, you will have all the space you need to leverage your full capacity, push yourself to your very limits and achieve your objectives.** Your soul will be able to breathe and you'll get to tap into unexpected resources. Boost your teams' unity and experience intense moments together by engaging in numerous activities.

In the Parc d'Olhain, you can organise your training session at an appropriate site that can be configured to meet your requirements. Sports equipment, audio-visual and multimedia facilities, Wi-Fi – you'll have everything you need so you can focus on training.

## Multipurpose sports rooms

The covered sports room features a 44 x 22 m court (for basketball, volleyball or handball), a 150-person grandstand and a plethora of other optional facilities, including a rock-climbing wall, a badminton court, a tennis court, boxing rings and a fencing area.

## Other sports facilities

- 9-hole golf course
- Bodybuilding room
- Covered archery range
- Nordic walking trail

## Outdoor leisure activities

Mountain biking, tennis, disc golf, orienteering, net obstacle course, all-year-round tobogganing, summer swimming pool, archery, tree trail adventure, hiking trails, etc.

Get in touch so we can help you put together your customised programme!

## Meeting rooms

In the accommodation area or in other infrastructure across the park, you can use our meeting rooms to brief your teams and boost their mental strength! They all come equipped with video projectors and screens as standard. But if you need a flipchart, a whiteboard or a sound system, we can provide you with whatever options you need so you can deliver effective strategy sessions.



## » RELAXATION AND RECOVERY THE BODY LETTING GO

A CENTRE COMPLETELY FOCUSED ON  
GETTING BACK INTO SHAPE  
AFTER EXERCISE, FOR OPTIMUM  
WELL-BEING ...  
GET INTO OXYGENATION MODE!

Because it's important to avoid all risk of injury during and then after training or competing, the parc d'Olhain has just opened a new special recovery area for athletes.

**Improve your cardio fitness and your general physical condition indoors in all weathers!**

Then allow your joints and muscles to relax while enjoying the beneficial heat of the spa, steam room, Jacuzzi or sauna. You can also use the massage table.

### Sports recovery centre

#### Fitness area:

Rowing machines, wall bars, banks, weights...  
Everything you need to stay in shape.

#### Well-being area:

Spa, Jacuzzi, steam room, sauna...  
Everything you need for your recovery.





## » RESTAURANT FACILITIES | ENERGY ON TAP

SPECIAL MENUS TO MEET ATHLETES' REQUIREMENTS, BUT WITHOUT STINTING ON QUALITY OR TASTE...  
GET INTO NUTRITION MODE!

The Parc d'Olhain's new restaurant area is spacious and well ventilated. And it's open every day, throughout the year. Its large bay windows provide panoramic views over the hills of the Artois region.

The meals themselves cater to athletes' specific nutritional requirements. We can adapt to your budget, based on the best package for you.

### Bar

The perfect place to relax after training!

### Restaurant

Every day, we put on a buffet made up of entrées, varied dishes (meat and fish) and a selection of desserts. We give preference to short distribution channels and seasonal products on our menus.

### **i** People with reduced mobility

The bar, self-service restaurant and terraces are all on the same level so they can be accessed by people with reduced mobility. There is also a drop-off area in front of the building. Three special parking spaces are a hundred metres away, and the ground is flat and covered.



## » ACCOMMODATION RELAX AND DON'T HOLD BACK

WELL DESERVED REST,  
HIGH-QUALITY SLEEP RIGHT AT THE  
HEART OF A 150 HA FOREST...  
GET INTO RELAXATION MODE!

Recharge your batteries in our renovated and recently extended residence which leads directly into the restaurant. Our accommodation is comfortable, friendly and features a range of high-quality services.

By putting people in a protected green setting, the Parc d'Olhain encourages interaction with the nature all around, as well as an awareness of this rediscovered equilibrium.

### Residence

The Ethic Etapes residence is open throughout the year. It features 43 rooms, 35 of which have individual bathrooms (toilet and shower). The remaining eight have shared washing facilities. It can accommodate up to 150 people.

The rooms can be accessed by people with reduced mobility, and five are equipped with specially adapted washing facilities.








### Ethic Etapes ?

Ethic Etapes centres are international hotels and hostels networked together and all guided by the same shared values: the benefits of meeting others, a warm welcome and social and cultural mixing.

[www.ethic-etapes.fr](http://www.ethic-etapes.fr)



# » CAPACITIES

Spaces							
					Table service	Buffet service	
1	Plenary Artois room	130	55	90	150	•	120
	Demi-Artois A	60	30	50	60	•	50
	Demi-Artois B	70	26	40	70	•	40
2	Panoramic room	20	20	30	40	24	24
3	Brunehaut room	42	24	32	32	•	•
4	Trappeurs room	70	30	50	80	60	60
5	Collines room	80	34	40	90	80	70
6	Dolmen room	•	•	•	•	56	56
7	Restaurant area	•	•	•	•	180*	•
8	Sports room	Up to 1400 people					

\*More than 60 people on the terrace







LONDON

CALAIS

BETHUNE

BRUXELLES

MAISNIL LES RUITZ

LILLE

ARRAS

AMIENS

REIMS

PARIS

### The following associations use our playing fields:

- Hauts-de-France triathlon league
- Hauts-de-France handball league
- Hauts-de-France badminton league
- French boxing federation
- UNSS
- USDK Dunkerque Handball Grand Littoral
- RC Lens
- Saint-Amand Hainaut Basketball - Women's team
- ESEG Douai - DN3 cycling team
- Amiens Métropole Volley-Ball - Women's team
- Béthune Pélican Swimming club
- TLM Volley



Paris > Arras : 50 min  
Lille > Béthune : 45 min



Lille - Lesquin : 40 min  
Paris - Charles de Gaulle : 1h40



We can provide you with shuttle transport.



### >> European Eco-Label for Tourist Accommodation Services

The Eco-label is used to identify products and services that do the least damage to the environment, guaranteeing their quality:

- Responsible procurement policy,
- Reduced energy consumption,
- Controlled waste production and management,
- Awareness-raising initiatives targeting personnel and the general public on sustainable development and preserving the planet's biodiversity.



Rue de Rebreuve  
62620 MAISNIL LES RUITZ  
+33 (0)3 21 279 179  
[www.parcdolhain.fr](http://www.parcdolhain.fr)



**Pas-de-Calais**  
Le Département